INTRODUCTION TO THE PURPOSE OF THIS WEBSITE February 4, 2021

SECTION 1 WHAT IS THE PURPOSE OF THE ALPHABETICAL BRAIN™ WEBSITE?

SUMMARY: The purpose of this website is to assist you in understanding your *brain's physical structures* and your *mind's mental functions*. It explains how the new *scientific brain vocabulary* can improve the quality of your reasoning ability and creativity. This can give you more effective *control* over your own thoughts and emotions and behavior.

SECTION 2 WHAT DOES THE ALPHABETICAL BRAIN™ SYMBOL MEAN?

SUMMARY: The Alphabetical Brain[™] Symbol

represents the interactive connections among your brain's physical structures and your mind's mental functions. It symbolizes the importance of the *26 letters* of the English language *alphabet* to human consciousness. The symbol shows the English language *alphabet* curved around the top of an image of the Left Hemisphere of a human brain, which is the *location of the language module* in most people.

SECTION 3 WHAT IS THE BEST WAY TO LEARN ABOUT YOUR MIND'S FUNCTIONS?

SUMMARY: The best way to study the most important brain ideas is to use all *15 brain flash cards* along with the *spaced-repetition method of memorization* to learn about the new brain knowledge and remember it. Both

techniques can speed up the learning of the 15 brain ideas and their interactions. You will be *free to act* in an altruistic ethical humanistic secular linguistic context.

SECTION 4 HOW CAN HUMANIST PARENTS TEACH CHILDREN TO LOVE THEIR BRAINS?

SUMMARY: This website can help humanist parents and teachers educate children using the new *whole-brain thinking* approach to the scientific understanding of brain structures and mental functions. It is the best way that humanist parents and teachers can *integrate the new brain knowledge* into family communications and school teaching to produce responsible, resilient humanistic children.

SECTION 5 WHAT IS THE GOAL OF THE HUMANIST FAMILY BRAIN SURVEY?

SUMMARY: The goal of the **Humanist Family Brain Survey** is to obtain *constructive feedback* from humanist parents and teachers about the effectiveness of this website. One objective is to provide humanist parents with proper *evidence-based parenting brain knowledge and skills* so they can educate their children about the spectacular structure of their brains and the fantastic functions of their minds. Another objective is to help teachers reveal to their students modern *scientific truths* about the evolutionary brains of their students.